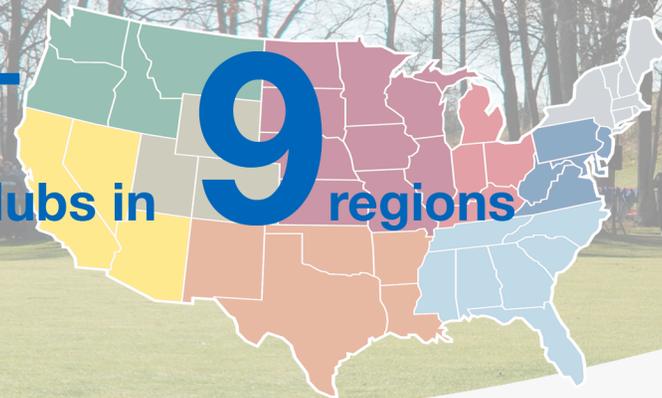




National Intercollegiate Running Club Association
121 N. College Ave Bloomington IN 47404 nirca@clubrunning.org www.clubrunning.org

In 2010

2000 runners crossed finish lines from **75+** clubs in **9** regions



The *National Intercollegiate Running Club Association*

(*NIRCA*) is a governing body and central point of communication for the college running community. The grassroots organization promotes networking and friendly competition among collegiate running, cross country, and track clubs. ***NIRCA*** coordinates many events, including the fall cross country season, XC Championship Series, Road Nationals, and an all-club conference event.

The competition, alongside support and networking make ***NIRCA*** more than just running.

RACES & CHAMPIONSHIP SERIES

All ***NIRCA*** member clubs are encouraged to host a meet at their school. Fall season races are produced solely by the host club, which also means all profits are kept by the club. The fall season consists of many individual cross country meets held all over the country, with racing distances ranging from 5K to 8K. Additionally, there is a Regional Championship for every ***NIRCA*** Region. The National XC Championships and Road Championships are the culminating meets in the fall and spring seasons, featuring social events and awards.

ALL-CLUB CONFERENCE

NIRCA officers and runners are invited to attend the bi-annual All-Club Conference, an educational and social event. Here, runners can attend various workshops, networking sessions, and other exciting events throughout the weekend. Attendees also participate in roundtables to help guide future ***NIRCA*** decisions and give feedback to the Executive Council. The dates for this two to three day event vary depending on the location, which changes from year to year.

COMPETITION

Prior to the creation of ***NIRCA***, running clubs had few, if any, options to race with other clubs like their own. Now teams compete against each other in regular season races, as well as Regional and National Championships.

SUPPORT

Club sports and student organizations provide college students with unique leadership opportunities and we strive to enhance that experience to the fullest. By working one on one with teams on a wide range of issues – race management, club development, officer transition – we make a personal investment to see that our student athletes grow as runners *and* leaders.

NETWORKING

Whether at a race or the ***NIRCA*** All-Club Conference, runners are able to connect with one another and share ideas about anything from fundraising to member retention.



clubrunning.org

National Intercollegiate Running Club Association

Supporting college running, cross country and track clubs with racing and networking.